



2013 AAU District Qualifying Track & Field & Multi-Event Meet

Saturday, May 25th, 2013

10:00 AM

**UC Stadium at Laidley Field
Charleston, WV**

Sanction: Amateur Athletic Union (AAU) Meet

Director:

Paul Gilmer Jr.
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Email: pjgilmer@aol.com

Fees:

Entry fee is \$10.00 for each **athlete**. No entry fee will be transferred or refunded. **Entry will not be processed unless entry fee is paid by deadline. Bring a legible copy of a birth certificate or proof of age, along with a 2013 AAU membership card for each athlete entered: Do not send in advance. All entry fees must be paid online, no exceptions will be granted.**

Eligibility:

This meet is open to any athlete that falls within the age divisions listed below.. Athletes aged 13 (Sub-Youth) and older may enter in up to a maximum of 4 events including relays. Younger age brackets may only enter in 3 events including relays. **If an athlete is entered into too many events, meet management reserves the right to reject the athlete from one or more events without notification.**

- **This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.**
- **All participants must have a current AAU membership.**
- **AAU membership may not be included as part of the entry fee to the event**
Please visit the AAU web site www.ausports.org to obtain membership.

Junior Olympic Declaration and Registration Information: All Athletes qualify for the AAU National Qualifier June 29– 30 in Youngstown Ohio or Cincinnati, Ohio top 6 in each event will be Qualifiers and advance to the National Junior Olympic Games in Ypsilanti Michigan.

Age Divisions:

Age divisions are determined by year of birth. Listed below are the events that will take place in each age division. The Young Men's/Women's division is open to any one who was born in or prior to 1995 and will not turn 19 years of age on the final day of the national meet. (8/6/2013)

	1000	2000	4000	8000	15000	30000	1R	3R	2St	8H	1H	1H	2H	4H	LJ	TJ	JT	DT	SP	HJ	PV	4X	4X	4X	MULTI	
Age Divisions																										
Primary (2004 & Younger)	X	X	X	X											X				X			X				
Sub-Bantam (2003)	X	X	X	X	X		X								X				X	X						X
Bantam (2002)	X	X	X	X	X		X								X				X	X		X	X			X
Sub-Midget (2001)	X	X	X	X	X	X	X			X					X			X	X	X						X
Midget (2000)	X	X	X	X	X	X	X			X					X			X	X	X		X	X	X	X	X
Sub-Youth (1999)	X	X	X	X	X	X		X		X		X		X	X	X	X	X	X	X	X	X				X
Youth (1998)	X	X	X	X	X	X		X		X		X		X	X	X	X	X	X	X	X	X	X	X	X	X
Intermediate (1996-97)	X	X	X	X	X	X		X	X		G	B		X	X	X	X	X	X	X	X	X	X	X	X	X
Young (1993-95) + still 18	X	X	X	X	X	X		X	X		W	M		X	X	X	X	X	X	X	X	X	X	X	X	X

Entry Process:

Teams:

All teams and unattached athletes must utilize the www.CoachO.com online entry process. This will permit a very efficient registration process that is easy to use. Athletes can be entered until 10 pm Eastern Time, Thursday, May 24, to complete registration. Please note that you must pay for your entries with a credit card online or your entries will not be accepted.

Immediately after registering online, individuals and teams will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving at the meet, if at all possible.

Check-In Requirements:

Be sure to bring birth certificates and AAU cards with when you pick up numbers.

Awards:

In individual and relay events, medals awarded for participants who finish 1st - 5th place.

Facility:

The track is an 8-lane all-weather surface. Only ¼" or smaller pyramid spikes are allowed. Fully Automatic Timing & results will be done by Kanawha Valley Track & Field Officials Association and WV USA Track & Field using Finishlynx Cameras interfaced with Hy-Tek Meet Manager. No smoking, radios, glass containers, or alcoholic beverages are allowed in the facility.

Refreshments:

A Full Service Concession Stand provided as well as a hospitality area for officials.

Equipment:

The meet management will provide starting blocks, batons, and throwing implements. There is no need to bring personal implements with you. Those that desire to utilize personal implements must obtain certification from the weights and measures meet official prior to competition including pole vault poles. If personal implements are used, they will not be released until the end of the competition for that age group.

Event Schedule

Rolling Schedule—Youngest age group runs first—Girls run before boys—As one event ends, the next event starts. Listen to the announcer for your events

10:00 AM 2000 M Steeplechase	100M Dash Timed Finals
3000M Run (B 11-18)(G 11-18)	200M Hurdles (G&B 13-14)
80M Hurdles (G&B 11-12) (30")	400M Hurdles (G&B 15-16/17-18)
100M Hurdles (G 13-14) (30")	4x800M Relay (G&B 13 – 18)
100M Hurdles (B 13-14)(G15-16/17-18) (33")	200M Dash Finals (G&B)
110M Hurdles (B 15-18) (39")	800M Run (G&B)
4x100M Relay (G&B)	4x400M Relay (G&B)
1500M Run (G&B)	All Race walkers
400M Dash (Timed Final) (G&B)	

FIELD EVENTS WILL START @ 10:00 AM. & PROCEED ON A ROLLING SCHEDULE

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REPORT WHEN EVENT IS CALLED AND OFFICIALS MAY ASSIGN FLIGHTS AS NECESSARY

	10:00 AM	10:30 AM	11:00 AM	11:30 AM	12:00PM	12:30PM	1:00PM	1:30PM	2:00 pm
Long Jump	10-U G&B	11-12 G&B	13-14 G&B		15-16 G 15-16 B	17-18 G 17-18 B			
Shot Put	10-U G&B	11-12 G&B	13-14 B 13-14 G		17-18 G 17-18 B	15-16 G 15-16 B			
Discus	11-12 G&B	17-18 G	13-14 G 13-14 B		15-16 G 15-16 B	17-18 B			
High Jump	10-U B&G	11-12 B&G	13-14 G 13-14 B	15-16 G 15-16 B	17-18 B 17-18 G				
Triple Jump							13-18 G&B		
Javelin & Turbo Jav			10-12 G&B		13-18 G&B				
Pole Vault	All Women		13-16 B	17-18 B					

Running Events take precedence over Field Events; get excused from the Field Event Official, run your race and return within 10 minutes to the Field Official and report in

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