

CAPITAL CITY STRIDERS INVITATIONAL - 6/12/2015 to 6/13/2015
LAIDLEY FIELD, CHARLESTON, WV

Meet - Records

1	Girls 4-6 50 Meter Dash	9.10	1992	A. Jeffers - NY Starlets
2	Boys 4-6 50 Meter Dash	9.10	1993	B. Easley - CCS
3	Girls 7-8 50 Meter Dash	7.90	1989	S. Ray - George Ford TC
4	Boys 7-8 50 Meter Dash	8.20	1989	M. Lovelace - Dayton Striders
5	Girls 4-6 100 Meter Dash	16.40	1993	K. Ramsey - Mountaineer Blazers
6	Boys 4-6 100 Meter Dash	16.18	1999	R. Dukes - Motor City
7	Girls 7-8 100 Meter Dash	15.10	6/13/2015	Elecia McCurrie - Ranson WV
8	Boys 7-8 100 Meter Dash	14.22	6/11/2005	Ralph Prestwood - 10GA
9	Girls 9-10 100 Meter Dash	14.20	1998	C. Davis - River City Elite
10	Boys 9-10 100 Meter Dash	13.66	6/9/2012	Ahmani Marshall - Next Level
11	Girls 11-12 100 Meter Dash	13.09	6/12/2004	Vernetta Biggs - Ebenezer AME
12	Boys 11-12 100 Meter Dash	12.65	6/8/2002	Bryce Sherman - TRI-CITY
13	Girls 13-14 100 Meter Dash	12.30	1996	M. Giles - Inside TC
14	Boys 13-14 100 Meter Dash	11.16	1999	D. Penn-Andrews - Glenarden
15	Girls 15-16 100 Meter Dash	12.26	6/11/2005	Krystin Lawson - 10GA
16	Boys 15-16 100 Meter Dash	10.50	1998	H. Jefferson - Glenarden
17	Women 17-18 100 Meter Dash	12.29	1998	A. Plowden - River City Elite
18	Men 17-18 100 Meter Dash	10.45	1998	D. Myles - Glenarden
19	Women 19-29 100 Meter Dash	12.30	1996	R. Crumpler - Del-Five TC
20	Men 19-29 100 Meter Dash	10.60	1996	R. Jones - Del-Five TC
21	Women 30-39 100 Meter Dash	13.40	1990	R. Suggs - North Central
22	Men 30-39 100 Meter Dash	11.20	1996	R. Hale - CCS
23	Women 40-49 100 Meter Dash	14.66	1999	P. Guy - Glenarden
24	Men 40-49 100 Meter Dash	11.69	1998	G. Crawford - Glenarden
25	Women 50-59 100 Meter Dash	14.98	6/12/2004	Mary Jilka - LEXINGTON WIND J
26	Men 50-59 100 Meter Dash	11.78	6/12/2004	Thomas Jones - GATC
27	Women 60+ 100 Meter Dash	19.48	6/12/2015	Titina Eason - Glenarden Tr
28	Men 60+ 100 Meter Dash	12.45	6/12/2015	Thomas Jones - Glenarden Tr
29	Girls 4-6 200 Meter Dash	36.36	6/11/2005	Latrease Magwood - 10GA
30	Boys 4-6 200 Meter Dash	33.06	1999	R. Dukes - Motor City
31	Girls 7-8 200 Meter Dash	32.00	6/13/2015	Elecia McCurrie - Ranson WV
32	Boys 7-8 200 Meter Dash	30.84	1999	M. Dukes - Motor City
33	Girls 9-10 200 Meter Dash	29.08	6/11/2011	Lauryn Harris - Glenarden TC
34	Boys 9-10 200 Meter Dash	27.70	6/9/2012	Ahmani Marshall - Next Level
35	Girls 11-12 200 Meter Dash	27.00	1987	M. Mosley - CCS
36	Boys 11-12 200 Meter Dash	27.17	6/8/2002	Deon Rice - DETROIT JETS
37	Girls 13-14 200 Meter Dash	24.67	6/14/2003	Sharay Hale - DETROIT JETS
38	Boys 13-14 200 Meter Dash	23.21	1998	S. Sesay - Glenarden
39	Girls 15-16 200 Meter Dash	24.80	1993	S. Rashid - Derby City TC
40	Boys 15-16 200 Meter Dash	21.58	1998	H. Jefferson - Glenarden
41	Women 17-18 200 Meter Dash	24.99	2000	A. Gorham - Glenarden
42	Men 17-18 200 Meter Dash	21.50	1990	D. Adair - Twin City Relay
43	Women 19-29 200 Meter Dash	26.10	1996	R. Crumpler - Del-Five TC
44	Men 19-29 200 Meter Dash	21.40	1996	R. Jones - Del-Five TC
45	Women 30-39 200 Meter Dash	28.90	1990	R. Suggs - North Central TC
46	Men 30-39 200 Meter Dash	22.20	1992	R. Hale - CCS
47	Women 40-49 200 Meter Dash	30.99	6/12/2004	Donna Gunter - Ebenezer AME
48	Men 40-49 200 Meter Dash	23.20	1997	R. Bowen - UNA
49	Women 50-59 200 Meter Dash	31.56	6/12/2004	Mary Jilka - LEXINGTON WIND J
50	Men 50-59 200 Meter Dash	23.51	6/14/2003	Tom Jones - GATC
51	Women 60+ 200 Meter Dash	43.84	6/12/2015	Titina Eason - Glenarden Tr
52	Men 60+ 200 Meter Dash	25.53	1998	L. Colbert - Glenarden
53	Girls 4-6 400 Meter Dash	1:22.03	6/8/2002	Mikya Boyd - DETROIT JETS
54	Boys 4-6 400 Meter Dash	1:14.32	1999	R. Dukes - Motor City
55	Girls 7-8 400 Meter Dash	1:14.10	1989	S. Ray - George Ford TC
56	Boys 7-8 400 Meter Dash	1:08.44	1999	S. Dukes - Motor City
57	Girls 9-10 400 Meter Dash	1:07.40	1998	J. Cotton - CCS

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58	Boys 9-10 400 Meter Dash	1:05.71	6/8/2002	Ramses Dukes - MOTOR CITY T
59	Girls 11-12 400 Meter Dash	1:00.20	1993	N. Jeffers - Starletts TC
60	Boys 11-12 400 Meter Dash	1:01.80	1994	D. Winn - Dayton Striders
61	Girls 13-14 400 Meter Dash	58.20	1987	Pickering - Dayton ER
62	Boys 13-14 400 Meter Dash	53.31	1995	M. Keener - South Dayton TC
63	Girls 15-16 400 Meter Dash	57.30	1998	J. Maline - River City Elite
64	Boys 15-16 400 Meter Dash	49.10	1998	A. Washington - Glenarden
65	Women 17-18 400 Meter Dash	56.24	2000	A. Gorham - Glenarden
66	Men 17-18 400 Meter Dash	47.80	1990	D. Adair - Twin City Relays
67	Women 19-29 400 Meter Dash	1:04.10	1988	S. Watts - Dayton Striders
68	Men 19-29 400 Meter Dash	49.40	2000	A. Battle - Glenarden
69	Women 30-39 400 Meter Dash	59.35	6/12/2004	Camille Martin - Ebenezer AME
70	Men 30-39 400 Meter Dash	51.65	6/8/2002	Anthony Battle - Glenarden
71	Women 40-49 400 Meter Dash	1:17.20	6/13/2015	Freda Harmon - Capital City
72	Men 40-49 400 Meter Dash	52.28	1999	G. Crawford - Glenarden
73	Women 50-59 400 Meter Dash	1:13.34	6/9/2012	Phyllis Lewis - Glenarden TC
74	Men 50-59 400 Meter Dash	55.40	6/11/2005	Thomas Jones - 10GA
75	Women 60+ 400 Meter Dash	1:17.48	6/12/2004	Ramona Smith - GATC
76	Men 60+ 400 Meter Dash	55.60	1998	L. Colbert - Glenarden
77	Girls 7-8 800 Meter Run	2:55.76	2001	C. Finney - Randalltown TC
78	Boys 7-8 800 Meter Run	2:34.46	1999	M. Dukes - Motor City
79	Girls 9-10 800 Meter Run	2:42.48	2000	B. Walker - S. Dayton Flyers
80	Boys 9-10 800 Meter Run	2:31.23	1999	C. Roberts - Cavalier Cavalette
81	Girls 11-12 800 Meter Run	2:28.71	6/12/2015	Victoria Starcher - Capital City
82	Boys 11-12 800 Meter Run	2:23.54	6/12/2015	Noah Castro - Capital City
83	Girls 13-14 800 Meter Run	2:20.20	6/13/2015	Victoria Starcher - Capital City
84	Boys 13-14 800 Meter Run	2:13.20	1996	B. Garrett - CCS
85	Girls 15-16 800 Meter Run	2:24.27	1998	E. Ehman - River City Elite
86	Boys 15-16 800 Meter Run	2:02.14	1998	D. Bobo - Glenarden
87	Women 17-18 800 Meter Run	2:17.40	1987	R. Clinton - NY Starlets
88	Men 17-18 800 Meter Run	1:58.28	2000	D. Harrison - Glenarden
89	Women 19-29 800 Meter Run	2:39.50	6/13/2015	Gabriela Rodriguez - Unattached
90	Men 19-29 800 Meter Run	1:56.61	6/11/2005	Matt Walsh - WESTON
91	Women 30-39 800 Meter Run	2:17.89	6/12/2004	Camille Martin - Ebenezer AME
92	Men 30-39 800 Meter Run	2:06.20	1993	M. Taylor - Pleasant Pacers
93	Women 40-49 800 Meter Run	3:04.10	6/11/2005	Barbara Scott - Unattached
94	Men 40-49 800 Meter Run	2:16.91	6/12/2010	Lee Petty - PETTY TRACK CLUB
95	Women 50-59 800 Meter Run	3:47.21	6/12/2015	Susie Stewart - Unattached
96	Men 50-59 800 Meter Run	2:41.73	1999	L. Starks - Glenarden
97	Women 60+ 800 Meter Run	3:07.25	6/12/2004	Ramona Smith - GATC
98	Men 60+ 800 Meter Run	3:12.00	1995	B. Medley - CCS
99	Girls 7-8 1500 Meter Run	6:29.95	6/10/2006	Breanna Thomas - Cavalier Cavalet
100	Boys 7-8 1500 Meter Run	6:42.93	6/8/2002	Andre Dalton - CAVALIER CAV
101	Girls 9-10 1500 Meter Run	5:27.27	2000	B. Walker - S. Dayton Flyers
102	Boys 9-10 1500 Meter Run	5:01.54	2000	M. Dukes - Powerstroke Athletic
103	Girls 11-12 1500 Meter Run	5:09.59	6/8/2002	Bianca Walker - SOUTH DAYTON
104	Boys 11-12 1500 Meter Run	4:46.02	6/12/2015	Noah Castro - Capital City
105	Girls 13-14 1500 Meter Run	5:04.89	2001	A. Lewis - WV Flyers
106	Boys 13-14 1500 Meter Run	4:18.20	1992	K. Drain - Derby City
107	Girls 15-16 1500 Meter Run	5:04.20	1993	M. Rawlings - CCS
108	Boys 15-16 1500 Meter Run	4:21.80	1990	D. Samuels - Dayton Gem Elite
109	Women 17-18 1500 Meter Run	5:07.20	1987	Faulkner - Ind. Chevettes
110	Men 17-18 1500 Meter Run	4:09.06	1999	V. Thillet - New Carrollton
111	Women 19-29 1500 Meter Run	5:00.00	1998	J. Fisher - UNA
112	Men 19-29 1500 Meter Run	4:16.60	1988	Wright - CCS
113	Women 30-39 1500 Meter Run	5:41.30	1994	Jones - Tri-City Relays
114	Men 30-39 1500 Meter Run	4:17.20	1994	M. Taylor - CCS

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115	Women 40-49 1500 Meter Run	6:01.33	6/11/2005	Barbara Scott - Unattached
116	Men 40-49 1500 Meter Run	4:33.62	6/8/2002	Donald Blackman - TRI-CITY
117	Women 50-59 1500 Meter Run	7:05.87	6/11/2005	Mary Jilka - LEXINGTON WIND J
118	Men 50-59 1500 Meter Run	5:06.48	2000	H. Bruner - CCS
119	Women 60+ 1500 Meter Run	11:59.25	6/12/2010	Barbara Warren - Capital City
120	Men 60+ 1500 Meter Run	8:02.70	6/13/2015	Norman Fleeman - Wyoming Athl
121	Girls 11-12 3000 Meter Run	11:21.27	1998	B. Mercedes - Glenarden
122	Boys 11-12 3000 Meter Run	10:15.91	6/8/2002	Menachem Dukes - MOTOR CITY T
123	Girls 13-14 3000 Meter Run	11:05.26	2001	A. Lewis - WV Flyers
124	Boys 13-14 3000 Meter Run	9:51.80	6/13/2015	Russell Carroll - Capital City
125	Girls 15-16 3000 Meter Run	11:03.70	1995	C. Simon - West Dayton
126	Boys 15-16 3000 Meter Run	9:46.10	1994	R. Smith - ASICS Ona
127	Women 17-18 3000 Meter Run	11:38.77	1998	C. Cantrell - CCS
128	Men 17-18 3000 Meter Run	9:18.84	6/9/2012	Matthew Brafford - Capital City
129	Women 19-29 3000 Meter Run	11:05.72	2001	R. Stallwood - UNA
130	Men 19-29 3000 Meter Run	9:09.70	1997	V. Arnold - Marietta OH
131	Women 30-39 3000 Meter Run	14:41.70	1992	R. Platt - CCS
132	Men 30-39 3000 Meter Run	9:53.70	1993	J. Maher - CCS
133	Women 40-49 3000 Meter Run	12:30.00	2000	M. Lawrence - CCS
134	Men 40-49 3000 Meter Run	11:09.10	1997	H. Bruner - CCS
135	Women 50-59 3000 Meter Run	21:11.00	2000	K. Bruner - CCS
136	Men 50-59 3000 Meter Run	11:11.00	2000	H. Bruner - CCS
138	Men 60+ 3000 Meter Run	17:19.40	6/13/2015	Norman Fleeman - Wyoming Athl
139	Women 17-18 5000 Meter Run	19:04.67	6/10/2005	Maria Dalzot - Unattached
140	Men 17-18 5000 Meter Run	15:37.00	1994	R. Cochran - Greensboro
142	Men 19-29 5000 Meter Run	15:57.40	1988	G. McKinney - CCS
144	Men 30-39 5000 Meter Run	16:46.20	1994	Parsons - ASICS Ona
146	Men 40-49 5000 Meter Run	17:55.60	1999	J. Barker - Up and Coming
148	Men 50-59 5000 Meter Run	18:49.07	6/12/2015	Mike Bailey - Unattached
151	Girls 11-12 80 Meter Hurdles 30"	13.07	1995	Z. Harris - Ebone Stars
152	Boys 11-12 80 Meter Hurdles 30"	13.70	1998	A. McCorvey - River City Elite
153	Girls 13-14 100 Meter Hurdles 30"	15.00	1994	C. Williams - Northwest TC
154	Boys 13-14 100 Meter Hurdles 33"	13.70	1989	T. Yager - Derby City
155	Girls 15-16 100 Meter Hurdles 33"	15.10	1998	C. Richards - River City Elite
156	Women 17-18 100 Meter Hurdles 33"	14.20	1998	L. Barnaby-Pope - Glenarden
157	Women 19-29 100 Meter Hurdles 33"	13.90	1989	S. Meade - Eastern KY Striders
158	Women 30-39 100 Meter Hurdles 33"	25.40	6/12/2015	Mandie Hensley - Capital City
159	Women 40-49 100 Meter Hurdles 33"	23.56	6/10/2005	Karen Lucas - CAVALIER CAV
162	Boys 15-16 110 Meter Hurdles 39"	14.40	1998	B. Royster - Glenarden
163	Men 17-18 110 Meter Hurdles 39"	14.30	1998	J. Watts - Stallion TC
164	Men 19-29 110 Meter Hurdles 39"	14.70	1990	V. Woodson - CCS
165	Men 30-39 110 Meter Hurdles 39"	14.80	1995	D. Hale - CCS
166	Men 40-49 110 Meter Hurdles 39"	17.70	1993	Crutchfield - CCS
168	Men 60+ 100 Meter Hurdles 30"	21.90	1998	B. Medley - CCS
169	Girls 13-14 200 Meter Hurdles 30"	29.01	6/10/2011	Anacia Hines - Capital City
170	Boys 13-14 200 Meter Hurdles 30"	26.46	2001	Z. Linville - UNA
171	Girls 15-16 400 Meter Hurdles 30"	1:06.20	1992	T. Blakey - Derby City
172	Women 17-18 400 Meter Hurdles 30"	1:02.70	1987	Sauers - Ind. Chevettes
173	Women 19-29 400 Meter Hurdles 30"	1:10.20	2000	T. Fortunato - Northeast Tennessee
174	Women 30-39 400 Meter Hurdles 30"	1:05.32	6/11/2004	Camille Martin - Ebenezer AME
175	Women 40-49 400 Meter Hurdles 30"	2:09.59	6/10/2005	Karen Lucas - CAVALIER CAV
178	Boys 15-16 400 Meter Hurdles 36"	58.10	6/11/2010	Jeff Elem - Future Stars
179	Men 17-18 400 Meter Hurdles 36"	55.21	1998	C. Douglas - Stallion TC
180	Men 19-29 400 Meter Hurdles 36"	53.70	1989	R. Hale - CCS
181	Men 30-39 400 Meter Hurdles 36"	55.10	1992	R. Hale - CCS
182	Men 40-49 400 Meter Hurdles 36"	1:08.22	6/9/2006	Daniel Wills - GLENARDEN
184	Men 60+ 400 Meter Hurdles 36"	1:31.80	1996	B. Medley - CCS

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185	Girls 4-6 4x100 Meter Relay	1:15.91	6/8/2002	Glenarden Track Club - Glenarden
186	Boys 4-6 4x100 Meter Relay	1:21.91	6/12/2015	Capital City Striders Inc WV - Capital City
187	Girls 7-8 4x100 Meter Relay	1:06.20	1994	Burning Spear TC - Bronx, NY
188	Boys 7-8 4x100 Meter Relay	1:02.84	2001	Glenarden - Glenarden, MD
189	Girls 9-10 4x100 Meter Relay	56.76	6/11/2011	Glenarden TC-0310 - Glenarden TC A Dubose, C Hewitt, L Hall-Robinson, L Harris
190	Boys 9-10 4x100 Meter Relay	55.41	6/14/2003	Glenarden Track Club - GATC
191	Girls 11-12 4x100 Meter Relay	51.38	6/11/2005	10 GLENARDEN Track Club - 10GA
192	Boys 11-12 4x100 Meter Relay	51.70	6/11/2005	10 GLENARDEN Track Club - 10GA
193	Girls 13-14 4x100 Meter Relay	48.73	6/12/2004	10 Glenarden TC - GATC
194	Boys 13-14 4x100 Meter Relay	44.73	6/12/2004	10 Glenarden TC - GATC
195	Girls 15-16 4x100 Meter Relay	47.76	2000	Glenarden - Glenarden, MD
196	Boys 15-16 4x100 Meter Relay	42.40	1998	Glenarden - Glenarden, MD
197	Women 17-18 4x100 Meter Relay	47.64	2000	Glenarden - Glenarden, MD
198	Men 17-18 4x100 Meter Relay	41.50	1990	Tri-City Relays
199	Women 19-29 4x100 Meter Relay	50.95	1995	Del-Five - Richmond, VA
200	Men 19-29 4x100 Meter Relay	42.58	2000	Glenarden - Glenarden, MD
201	Women 30-39 4x100 Meter Relay	45.54	6/11/2005	10 GLENARDEN Track Club - 10GA
202	Men 30-39 4x100 Meter Relay	43.55	6/14/2003	Glenarden Track Club - GATC
203	Women 40-49 4x100 Meter Relay	58.73	6/11/2005	10 GLENARDEN Track Club - 10GA
204	Men 40-49 4x100 Meter Relay	46.20	1989	Dayton Masters TC - Dayton,OH
206	Men 50-59 4x100 Meter Relay	48.78	6/12/2004	10 Glenarden TC - GATC
209	Girls 4-6 4x200 Meter Relay	3:48.04	6/8/2012	Capital City Striders Inc - Capital City
210	Boys 4-6 4x200 Meter Relay	3:20.60	6/8/2012	Capital City Striders Inc - Capital City
211	Girls 7-8 4x200 Meter Relay	2:18.90	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN
212	Boys 7-8 4x200 Meter Relay	2:19.15	6/11/2011	Glenarden TC-0310 - Glenarden TC L Colbert, P Rawlings, T Rankine
213	Girls 9-10 4x200 Meter Relay	2:19.04	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN K McFadden, M Davis, J Grider, D Johnson
214	Boys 9-10 4x200 Meter Relay	2:08.08	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN J Brown, D Johnson, T Patterson
215	Girls 11-12 4x200 Meter Relay	2:31.73	6/11/2011	Glenarden TC-0310 - Glenarden TC S Jackson, C Green, T Vanzego, F Ceesay
216	Boys 11-12 4x200 Meter Relay	1:48.49	6/11/2011	Glenarden TC-0310 - Glenarden TC A Benjamin, L Colbert, B Willis
217	Girls 13-14 4x200 Meter Relay	1:48.59	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN
218	Boys 13-14 4x200 Meter Relay	1:41.86	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN
219	Girls 15-16 4x200 Meter Relay	1:49.39	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN
220	Boys 15-16 4x200 Meter Relay	1:42.89	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN
226	Men 30-39 4x200 Meter Relay	1:42.48	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN A Battle, W Battle, B Willis
227	Women 40-49 4x200 Meter Relay	2:10.57	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN
228	Men 40-49 4x200 Meter Relay	1:54.51	6/10/2006	Cavalier Cavalettes TC - Cavalier Cavalet R Watson, K WOODARD, B Powell, L KENNEDY
230	Men 50-59 4x200 Meter Relay	1:41.31	6/10/2006	16 GLENARDEN TRACK CLUB - GLENARDEN G Crawford, T Jones
233	Girls 4-6 4x400 Meter Relay	8:59.06	6/7/2002	CAPITAL CITY STRIDERS - CAPITAL CITY
235	Girls 7-8 4x400 Meter Relay	5:44.00	1989	Capital City Striders - Charleston, WV
236	Boys 7-8 4x400 Meter Relay	5:12.03	6/12/2004	10 Glenarden TC - GATC
237	Girls 9-10 4x400 Meter Relay	5:05.69	6/8/2002	Glenarden Track Club - Glenarden
238	Boys 9-10 4x400 Meter Relay	4:40.00	6/12/2004	10 Glenarden TC - GATC
239	Girls 11-12 4x400 Meter Relay	4:16.90	6/11/2005	10 GLENARDEN Track Club - 10GA
240	Boys 11-12 4x400 Meter Relay	4:16.88	1999	Glenarden - Glenarden, MD
241	Girls 13-14 4x400 Meter Relay	4:13.35	6/12/2004	10 Glenarden TC - GATC
242	Boys 13-14 4x400 Meter Relay	3:22.80	6/12/2004	10 Glenarden TC - GATC
243	Girls 15-16 4x400 Meter Relay	4:12.06	1998	Glenarden - Glenarden, MD
244	Boys 15-16 4x400 Meter Relay	3:27.02	1998	Glenarden - Glenarden, MD

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247	Women 17-18 4x400 Meter Relay	4:05.00	2001	Glenarden - Glenarden, MD
248	Men 17-18 4x400 Meter Relay	3:23.32	2001	Glenarden - Glenarden, MD
249	Women 19-29 4x400 Meter Relay	4:16.64	1995	Del-Five - Richmond, VA
250	Men 19-29 4x400 Meter Relay	3:24.59	2001	Glenarden - Glenarden, MD
251	Women 30-39 4x400 Meter Relay	5:24.53	1999	Glenarden - Glenarden, MD
252	Men 30-39 4x400 Meter Relay	3:28.48	6/14/2003	Glenarden Track Club - GATC
253	Women 40-49 4x400 Meter Relay	4:58.22	6/12/2004	Ebenezer AME Royal Runners - Ebenezer AME
254	Men 40-49 4x400 Meter Relay	4:45.80	1989	Eleanore TC - Eleanore, WV
259	Girls 9-10 4x800 Meter Relay	11:56.16	2001	Randallstown TC - Randallstown, MD
260	Boys 9-10 4x800 Meter Relay	11:45.30	1999	Glenarden - Glenarden, MD
261	Girls 11-12 4x800 Meter Relay	10:49.00	1994	Glenarden - Glenarden, MD
262	Boys 11-12 4x800 Meter Relay	10:02.40	6/7/2002	MOTOR CITY TRACK CLUB - MOTOR CITY T
263	Girls 13-14 4x800 Meter Relay	10:36.05	6/13/2003	Glenarden Track Club - GATC
264	Boys 13-14 4x800 Meter Relay	9:18.80	1999	Glenarden - Glenarden, MD
265	Girls 15-16 4x800 Meter Relay	11:18.90	1996	Capital City Striders - Charleston, WV
266	Boys 15-16 4x800 Meter Relay	8:37.05	6/13/2003	Glenarden Track Club - GATC
267	Women 17-18 4x800 Meter Relay	10:26.13	6/13/2003	Glenarden Track Club - GATC
268	Men 17-18 4x800 Meter Relay	8:47.30	1995	ASICS Ona - Ona, WV
269	Women 19-29 4x800 Meter Relay	9:55.37	2001	Glenarden - Glenarden, MD
270	Men 19-29 4x800 Meter Relay	9:09.99	2001	Glenarden - Glenarden, MD
272	Men 30-39 4x800 Meter Relay	8:37.91	6/13/2003	Glenarden Track Club - GATC
274	Men 40-49 4x800 Meter Relay	9:25.00	6/11/2004	CAPITAL CITY STRIDERS - CAPITAL CITY
279	Girls 9-10 1500 Meter Race Walk	10:20.00	1993	H. Felck - S. Dayton Flyers
280	Boys 9-10 1500 Meter Race Walk	11:07.98	6/7/2002	Randall Phillips - CAVALIER CAV
281	Girls 11-12 1500 Meter Race Walk	8:13.60	1992	M. Williams - Durham TC
282	Boys 11-12 1500 Meter Race Walk	7:45.60	1993	D. Dalton - S. Dayton TC
283	Girls 13-14 3000 Meter Race Walk	18:25.10	1998	T. Sutton - Glenarden
284	Boys 13-14 3000 Meter Race Walk	8:06.00		- S. Dayton Flyers
285	Girls 15-16 3000 Meter Race Walk	16:22.64	1998	R. Beard - Glenarden
286	Boys 15-16 3000 Meter Race Walk	20:58.70	1990	S. Burton - Durham YC
287	Women 17-18 3000 Meter Race Walk	20:03.04	6/9/2006	Allison Lyke - Cavalier Cavalet
291	Women 30-39 3000 Meter Race Walk	17:57.72	1998	T. Komisorski - CCS
292	Men 30-39 3000 Meter Race Walk	26:39.60	2000	W. Pinkett - Glenarden
293	Women 40-49 3000 Meter Race Walk	22:45.10	1990	J. Kleeman - UNA
294	Men 40-49 3000 Meter Race Walk	18:59.60	1997	R. Chase - S. Charleston
295	Women 50-59 3000 Meter Race Walk	22:44.60	6/8/2012	Carmilla Davis - Glenarden TC
298	Men 60+ 3000 Meter Race Walk	15:37.90	1995	G. Miller - WV
299	Girls 15-16 2000 Meter Steeplechase	8:51.70	6/12/2015	Meghan Pawsat - Unattached
300	Boys 15-16 2000 Meter Steeplechase	7:25.31	6/8/2012	Caleb Pell - Capital City
301	Women 17-18 2000 Meter Steeplechase	4:48.47	6/9/2006	Amber Riley - WV Flyers
302	Men 17-18 2000 Meter Steeplechase	6:32.10	2001	S. Hiser - CCS
304	Men 19-29 3000 Meter Steeplechase	10:15.70	1999	E. Bolton - UNA
305	Women 30-39 3000 Meter Steeplechase	7:13.24	6/9/2006	Heather Parks - WV Flyers
308	Men 40-49 3000 Meter Steeplechase	11:42.80	1999	R. Swartz - UNA
321	Girls 9-10 High Jump	3-10.00	6/14/2003	Amber Owens - GATC
322	Boys 9-10 High Jump	4-11.00	2001	C. Smith - CCS
323	Girls 11-12 High Jump	4-06.00	1994	Rector - Tri-City Relays
324	Boys 11-12 High Jump	5-00.00	1990	C. Berry - Durham YC
325	Girls 13-14 High Jump	5-07.00	1994	C. Williams - Northwest TC
326	Boys 13-14 High Jump	5-08.00	2001	Z. Linville - UNA
327	Girls 15-16 High Jump	5-04.00	6/11/2005	Kendall McCaugherty - CAPITAL CITY
328	Boys 15-16 High Jump	6-00.00	1999	J. Goodman - New Carrollton
329	Women 17-18 High Jump	5-06.00	6/10/2006	Kendall McCaugherty - CCS
330	Men 17-18 High Jump	6-10.00	1998	N. Fields - UNA
331	Women 19-29 High Jump	5-04.00	6/12/2015	Tyanna Petty - Unattached
332	Men 19-29 High Jump	6-10.00	1987	Pleasant - CCS
333	Women 30-39 High Jump	4-06.00	2000	M. Cowart - Del-Five TC

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334	Men 30-39 High Jump	6-00.00	2000	D. Blakemore - Powerstroke Athletic
335	Women 40-49 High Jump	3-08.00	6/11/2011	Dawn Petty - PETTY TRACK CLUB
336	Men 40-49 High Jump	5-06.00	2000	M. Harris - CCS
338	Men 50-59 High Jump	4-10.00	6/11/2011	Marshall Murray - Capital City
339	Women 60+ High Jump	3-06.00	6/12/2010	Barbara Warren - Capital City
340	Men 60+ High Jump	4-02.00	1997	B. Medley - CCS
341	Girls 9-10 Long Jump	13-01.00	1990	C. Williams - Northwest TC
342	Boys 9-10 Long Jump	16-10.00	1999	V. Brunson - Cavalier Cavalette
343	Girls 11-12 Long Jump	15-05.75	1989	Marshall - Blue Ridge TC
344	Boys 11-12 Long Jump	15-10.50	6/8/2002	Hunter Furr - TRI-CITY
345	Girls 13-14 Long Jump	16-09.00	1994	C. Williams - Northwest TC
346	Boys 13-14 Long Jump	21-00.50	1999	D. Quick - Glenarden
347	Girls 15-16 Long Jump	18-03.25	1993	S. Rashid - Derby City TC
348	Boys 15-16 Long Jump	22-03.75	1998	A. Gibson - Stallion TC
349	Women 17-18 Long Jump	18-04.75	1998	K. Jones - Greensboro Pacesett
350	Men 17-18 Long Jump	22-07.00	1998	I. Oronsaye - Glenarden
351	Women 19-29 Long Jump	19-09.50	1996	K. Wise - Del-Five TC
352	Men 19-29 Long Jump	22-11.00	1989	R. Hale - CCS
353	Women 30-39 Long Jump	13-06.25	6/8/2002	Delanie Billings - TRI-CITY
354	Men 30-39 Long Jump	22-07.00	1992	R. Hale - CCS
355	Women 40-49 Long Jump	12-10.00	6/14/2003	Vickie Williams - WARRIORS
356	Men 40-49 Long Jump	17-11.00	1993	B. Page - CCS
357	Women 50-59 Long Jump	8-00.50	1999	B. Pilgrim - Glenarden
358	Men 50-59 Long Jump	13-11.25	2001	L. Wesley - Glenarden
359	Women 60+ Long Jump	8-03.00	6/12/2015	Barbara Warren - Capital City
360	Men 60+ Long Jump	15-09.00	2001	B. Medley - CCS
361	Girls 13-14 Triple Jump	32-07.00	1999	N. Scott - Greensboro Pacesett
362	Boys 13-14 Triple Jump	44-03.00	1999	D. Quick - Glenarden
363	Girls 15-16 Triple Jump	33-10.50	6/10/2005	Tamika Reynolds - Next Level
364	Boys 15-16 Triple Jump	43-07.00	1995	D. Leeper - Del-Five TC
365	Women 17-18 Triple Jump	35-03.50	1999	K. Pilgrim - Glenarden
366	Men 17-18 Triple Jump	45-02.00	1990	Lewis - Derby City
367	Women 19-29 Triple Jump	33-04.00	1995	K. Sabbakan - Del-Five TC
368	Men 19-29 Triple Jump	47-11.00	1989	R. Hale - CCS
370	Men 30-39 Triple Jump	47-04.00	1993	R. Hale - CCS
372	Men 40-49 Triple Jump	34-11.00	6/9/2006	Rob Watson - Cavalier Cavalet
374	Men 50-59 Triple Jump	37-00.00	6/10/2011	Rocky Hale - Capital City
375	Women 60+ Triple Jump	18-10.50	6/11/2010	Barbara Warren - Capital City
376	Men 60+ Triple Jump	22-05.50	6/7/2002	Bob Medley - CAPITAL CITY
377	Girls 7-8 Shot Put	19-09.50	6/9/2012	Trinity Franklin - Glenarden TC
378	Boys 7-8 Shot Put	18-10.00	6/12/2010	Andrew Vickers - Capital City
379	Girls 9-10 Shot Put 6lb	27-07.00	1999	J. Martin - Glenarden
380	Boys 9-10 Shot Put 6lb	27-08.50	1993	J. Tokarz - S. Dayton TC
381	Girls 11-12 Shot Put 6lb	29-11.50	6/8/2002	Shannon Hooper - CAPITAL CITY
382	Boys 11-12 Shot Put 6lb	35-07.00	1990	B. Payne - CCS
383	Girls 13-14 Shot Put 6lb	48-02.00	1999	J. Dalton - Cavalier Cavalette
384	Boys 13-14 Shot Put 4Kg	41-10.00	6/11/2011	Christian Buckley - Capital City
385	Girls 15-16 Shot Put 4Kg	37-06.00	1995	D. Jones - Ebone Stars
386	Boys 15-16 Shot Put 12lb	48-04.00	6/12/2015	Samuel Chase Dotson - Capital City
387	Women 17-18 Shot Put 4Kg	43-10.50	1992	C. Hypes - CCS
388	Men 17-18 Shot Put 16lb	53-02.00	6/11/2011	Andrew White - Unattached
389	Women 19-29 Shot Put 4Kg	41-03.00	6/11/2011	Rachel Blankenship - Capital City
390	Men 19-29 Shot Put 16lb	59-05.00	6/9/2012	Justin Clickett - Unattached
391	Women 30-39 Shot Put 4Kg	33-05.00	6/10/2006	Natasha Medley - CCS
392	Men 30-39 Shot Put 16lb	56-11.00	6/8/2002	Dave Darst - POINT PLEASA
393	Women 40-49 Shot Put 4Kg	35-03.00	2001	I. Haynes - CCS
394	Men 40-49 Shot Put 16lb	48-01.00	1997	J. Gagnon - Charleston, WV

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395	Women 50-59 Shot Put 4Kg	32-02.00	6/11/2011	Mary Wilkins - Glenarden TC
396	Men 50-59 Shot Put 16lb	38-09.00	6/12/2010	Steve Hart - Unattached
397	Women 60+ Shot Put 4Kg	22-08.25	6/9/2012	Barbara Warren - Capital City
398	Men 60+ Shot Put 16lb	36-09.00	6/11/2011	Phil Cunningham - Capital City
399	Girls 11-12 Discus Throw 1K	74-00	6/11/2005	Leigh Poindexter - CAPITAL CITY
400	Boys 11-12 Discus Throw 1K	92-06	1997	B. Henger - Harrisville, WV
401	Girls 13-14 Discus Throw 1K	100-10	6/14/2003	Jocelyn Martin - GATC
402	Boys 13-14 Discus Throw 1K	159-07	6/11/2011	Christian Buckley - Capital City
403	Girls 15-16 Discus Throw 1K	118-00	1990	Cooper - Dayton Gems Elite
404	Boys 15-16 Discus Throw 1.6K	144-03	6/9/2012	Christian Buckley - Capital City
405	Women 17-18 Discus Throw 1K	131-02.50	1992	C. Hypes - CCS
406	Men 17-18 Discus Throw 1.6K	160-09	6/12/2015	James Stout - Unattached
407	Women 19-29 Discus Throw 1K	110-04	1996	L. Cotton - Huntington, WV
408	Men 19-29 Discus Throw 1.6K	155-05	6/12/2004	John Paul Blankenship - Unattached
409	Women 30-39 Discus Throw 1.6K	91-07	6/11/2005	Lynn Cotton - Cotton Ballerz
410	Men 30-39 Discus Throw 1.6K	173-10	6/12/2015	John Harper - Unattached
411	Women 40-49 Discus Throw 1K	89-03	6/12/2004	Mary Wilkins - GATC
412	Men 40-49 Discus Throw 1.6K	138-08	2000	G. Henger - Cabell Co. Ring Master
413	Women 50-59 Discus Throw 1K	74-06	6/9/2012	Donna Barrett - Glenarden TC
414	Men 50-59 Discus Throw 1.6K	118-01	6/11/2011	Steve Hart - Unattached
415	Women 60+ Discus Throw 1K	60-10	6/9/2012	Barbara Warren - Capital City
416	Men 60+ Discus Throw 1.6K	92-02	2000	S. Haynes - CCS
417	Girls 13-14 Pole Vault	9-06.00	6/11/2011	Lauren London - Capital City
418	Boys 13-14 Pole Vault	15-00.00	1998	M. Creamer - CCS
419	Girls 15-16 Pole Vault	11-09.00	6/8/2002	Jennifer Hansen - CAPITAL CITY
420	Boys 15-16 Pole Vault	12-06.00	1989	T. Wilson - CCS
421	Women 17-18 Pole Vault	10-06.00	6/14/2003	Jennifer Hansen - CAPITAL CITY
422	Men 17-18 Pole Vault	15-00.00	1994	C. Freed - CCS
423	Women 19-29 Pole Vault	9-00.00	2000	T. Fortunato - Northeast Tennessee
424	Men 19-29 Pole Vault	17-06.00	1992	J. Core - CCS
426	Men 30-39 Pole Vault	14-06.00	1999	S. Thaxton - UNA
428	Men 40-49 Pole Vault	14-06.00	6/11/2011	Jeff Core - Mt State TC
430	Men 50-59 Pole Vault	9-00.00	6/10/2006	H. E. Lewis, Jr. - CCS
431	Women 60+ Pole Vault	4-06.00	6/12/2010	Barbara Warren - Capital City
433	Girls 7-8 Javelin Throw TURBO JAV	24-08	6/12/2015	Madison Barrett - Glenarden Tr
434	Boys 7-8 Javelin Throw TURBO JAV	48-06	6/10/2011	Joshua Thompson - Glenarden TC
435	Girls 9-10 Javelin Throw TURBO JAV	44-09	6/11/2010	Jahnaya Peterson - 0310 Glenard
436	Boys 9-10 Javelin Throw TURBO JAV	52-02.50	6/10/2005	Afiba Fairnot - CAVALIER CAV
437	Girls 11-12 Javelin Throw TURBO JAV	58-10	6/12/2015	Faith Smith - Capital City
438	Boys 11-12 Javelin Throw TURBO JAV	87-10	6/11/2010	Jordan Scarbrough - Future Stars
439	Girls 9-10 Long Jump	9-08.25	6/9/2006	Deja Reid - Next Level
440	Boys 9-10 Long Jump	9-05.50	6/11/2010	Mason Tomlin - Future Stars
441	Girls 13-14 Javelin Throw	48-04	6/8/2012	Fatima Ceesay - Glenarden TC
442	Boys 13-14 Javelin Throw	111-10.50	6/11/2010	Isaiah Rose - Future Stars
443	Girls 15-16 Javelin Throw	68-06	6/12/2015	Lexi Crompton - Capital City
444	Boys 15-16 Javelin Throw	105-03	6/8/2012	Darian Daniels - Capital City
445	Women 17-18 Javelin Throw	114-11	6/12/2015	Abigail Buchan - Capital City
446	Men 17-18 Javelin Throw	128-09	6/11/2010	Xavier Crosby - Capital City
448	Men 19-29 Javelin Throw	141-03	6/8/2012	Emerson Gagnon - Unattached
450	Men 30-39 Javelin Throw	94-02	6/11/2010	Walter Loveday - Capital City
451	Women 40-49 Javelin Throw	85-09	6/11/2010	Dawn Petty - PETTY TRACK CLUB
452	Men 40-49 Javelin Throw	126-02	6/10/2011	Richie Daniels - Capital City
453	Women 50-59 Javelin Throw	57-00	6/10/2011	Mary Wilkins - Glenarden TC
454	Men 50-59 Javelin Throw	76-00	6/12/2015	David Moss - Capital City
455	Women 60+ Javelin Throw	53-11	6/11/2010	Barbara Warren - Capital City
456	Men 60+ Javelin Throw	77-06	6/11/2010	Bob Medley - Capital City
458	Girls 7-8 Long Jump	8-03.00	6/12/2015	Shannon Smith - Capital City

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460 Boys 7-8 Long Jump

6-00.25 6/12/2015 Chase Pawsat - Unattached